

**FREE**

ISLINGTON PEOPLE'S THEATRE AND THE MARGINS PRESENTS...

**BE THE CHANGE**

# ACTING WORKSHOPS

**WHAT** Free Acting Workshops – exploring many different approaches to acting.

**WHO** Adults in recovery, adults looking for mental health support & adults with experience of homelessness or who are vulnerably housed.

**WHERE** Lower Hall, The Margins Project,  
Union Chapel, Compton Avenue, N1 2UN.  
(round the back of the main building)

**WHEN** **EVERY THURSDAY EVENING**  
**FROM JULY 3<sup>RD</sup> 2025**  
**UNTIL SPRING 2026**

Workshops start at **6.30pm** sharp until **8.30pm**

**ISLINGTON  
PEOPLE'S  
THEATRE**

APPLIED THEATRE  
FOR SOCIAL CHANGE



UNION  
CHAPEL  
Margins

**TURN OVER AND  
FIND OUT MORE...**

# ARE YOU READY TO USE YOUR CREATIVITY TO EXPLORE AND TRANSFORM YOUR LIFE?

NO EXPERIENCE NECESSARY

FREE TO ATTEND

Join '**BE THE CHANGE**,' an innovative applied theatre and creative arts project designed for adults facing homelessness, those in recovery from drug and alcohol abuse, and individuals seeking mental health services. Discover how engaging with the creative arts during our Thursday sessions can empower you to make a significant impact on your life.

Our sessions encompass a range of creative activities including applied theatre practice, improvisation and devising, forum and legislative theatre, acting techniques, creative writing, spoken word, movement work, and character creation.

## By participating, you will:

- Gain new friends and join a creative community;
- Build confidence and enhance well-being;
- Unlock your creativity;
- Enjoy free theatre trips.

## Sessions start

Thursday, July 3<sup>rd</sup> 2025 to Spring 2026

From 6:30pm sharp until 8:30pm

## The venue

**Lower Hall, The Margins Project**

19b Compton Terrace, Union Chapel, Islington, N1 2UN.

For more information, including dates and registration details, please **scan the QR code** or **contact us via phone or email.**



UNION  
CHAPEL  
Margins

[islingtonpeoples theatre.co.uk/projects/be-the-change-2/](https://islingtonpeoples theatre.co.uk/projects/be-the-change-2/)

Email [info@islingtonpeoples theatre.co.uk](mailto:info@islingtonpeoples theatre.co.uk) or call **07984 626 024**